



Policy # 19

October 20, 2020

September 2022

Whitestone After-School Program Bagged Lunch / Snack Policy

Purpose

This policy is intended to give Parents and Guardians guidelines and protocols on suitable snacks for the After School Program to send with your child(ren) for an after school snack.

Acceptable Snacks for After School

Parents and Guardians are requested to provide a healthy snack for their child(ren) each day that they attend the after school program. The snack can be sent with the student in their lunch bag which will be disinfected upon entry to the After School Program and children will be given a designated break time to enjoy their snacks.

Sample items of acceptable snacks from Canada's Food Guide include apples, canned fruit, canned tuna, plain popcorn, vegetables, hummus, granola bars, whole grain crackers, Goldfish, etc. Unacceptable snacks include candy, chocolate bars, or any sugary items.

Please ensure that proper food storage procedures are used so that the food is still fresh by the end of the school day. Be aware of the allergy awareness procedures from the Whitestone Lake Central School including prohibited foods due to allergies including peanut products.

If, for any reason, the food provided to the child(ren) was either forgotten on a particular day or does not meet nutritional requirements, the After School Program will have a supply of healthy emergency snacks which can be provided to the child(ren).

Parent Signature

Date

Municipality of Whitestone

Date