

# Keep Your Companions Cool!



Everyone has been trying to stay cool due to the hot weather that has hit different parts of the country. Although there has been much emphasis on how to keep people properly hydrated and cool this summer, **Pets** need our help too! While people cope with the weather and find different ways to cool off, they often forget about their **Pets** and how the extreme heat of the summer affects them! That being said, here are some strategies for keeping your **Furry Friends** cool this summer!

## *For Dogs:*

1. **Drinking Water:** Make sure you bring water with you when you leave the house with your **Dog!** Also, try adding a few ice cubes to their water, both at home and on-the-go!
2. **Shade:** Although you may have an umbrella or a hat on, your **Dog** has to find shade of its own! If you plan on stopping somewhere while on a walk with your **Dog**, try and find a spot under a tree where there is shelter from the sun!
3. **Time:** If you usually take your **Dog** for long walks during the day, try moving your walks to early in the morning, or later on in the evening when it is much cooler!
4. **Dogs Cool From Underneath:** Make sure you keep your **Dog's** paws and stomach cool by either using a cool, moist towel or a spray bottle! Keeping your **Dog** cool from the bottom up is more effective than leaving a cool towel on top of its coat!

## *For Cats:*

1. **Fan:** Leave a small fan on for your **Cat** to curl up next to throughout the day!
2. **Drinking Water:** Leave a few ice cubes in your **Cat's** drinking water to keep the bowl as cool as possible!
3. **Let Your Cat Explore:** Most **Cats** like to wander and find cool places throughout the house, such as tiled floors or areas that don't heat up from a lot of sun!
4. **Wet Towel:** Use a soft, wet towel to wipe down your **Cat!** You can also leave a towel on the ground in your house for them to lie down on!